

FISM

Subject: Health, Physical Education and Creative Arts- 2083

Class: Eight

| First Formative Assessment (Teaching days- 65 days) | Second Formative Assessment (Teaching days-65 days) | Third Formative Assessment (Teaching days - 46days) | Final Formative Assessment Teaching Days 45 |
|--|---|--|--|
| 1. Human Body 2. Community Health and Mental Health 3. Games and Sports 4. Yoga 5. Singing and Musical Instruments | 1. Nutrition and Food Security 2. Disease, Safety and First Aid 3. Physical Exercise and Drill 4. Art, Drawing and Colouring 5. Print making, clay work and collage | 1. Sexuality and Reproductive Health 2. Athletics and Adventurous Activities 3. Dance and Acting | Revision |

Practical includes the following activities:

- Project work
- dancing
- clay work
- painting
- drawing
- playing musical instruments
- collage work
- watching videos
- slide show
- role play and so on.....

Question pattern

1. First Formative Assessment - 100%
2. Second Formative Assessment- 1st FA 40 % + 2nd FA 60%
3. Third Formative Assessment – 1st FA 20%+2nd FA 20%+3rd FA 60%
4. Annual Examination – 1st FA 20%+2nd FA 20%+3rd FA 20%+ Annual Term40%

Total: 50 marks

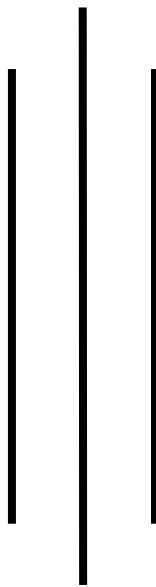
Knowledge (K) - 10 marks

Understanding (U) - 16 Marks

Application(A) - 14 Marks

Higher Ability(HA) - 10 Marks

FISM
FORUM OF INSTITUTIONAL SCHOOL MANAGERS
SYLLABUS 2083



Health, Physical Education and Creative Arts
Class Six To Eight

Prepared By

Pradip Poudyal

Contact Number

9841195951

FISM
Syllabus 2083
Subject: Health, Physical Education and Creative Arts
Class: Seven

| First Formative Assessment (Teaching days- 65 days) | Second Formative Assessment (Teaching days-65 days) | Third Formative Assessment (Teaching days - 46days) | Final Formative Assessment Teaching Days 45 |
|---|--|--|--|
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Practical includes the following activities:

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Total: 50 marks

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Application (A) - 14 Marks

Higher Ability (HA) - 10 Marks

FISM
Syllabus 2083
Subject: Health, Physical Education and Creative Arts

Class: Six

| First Formative Assessment (Teaching days-65days) | Second Formative Assessment (Teaching days-65 days) | Third Formative Assessment (Teaching days - 46 days) | Final Formative Assessment Teaching Days 45 |
|---|--|--|--|
| 1. Human Body 2. Community Health and Mental Health 3. Games and Sports 5. Singing and Musical Instruments | 1. Nutrition and Food Security 2. Disease, Safety and First Aid 3. Physical Exercise and Drill 4. Yoga 5. Art, Drawing and Colouring | 1. Sexuality and Reproductive Health 2. Print Making, Clay work and Collage | 1. Athletics and Adventurous Activities 2. Dance and Acting |

Practical includes the following activities:

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- slide show
- role play and so on.....

Question pattern

1. First Formative Assessment - 100%
2. Second Formative Assessment- 1st FA 40 % + 2nd FA 60%
3. Third Formative Assessment – 1st FA 20% + 2nd FA 20% + 3rd FA 60%
4. Annual Examination – 1st FA 20% + 2nd FA 20% + 3rd FA 20% + Annual Term 40%

Total: 50 marks

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Understanding (U) - 16 Marks

Application (A) - 14 Marks

Higher Ability (HA) - 10 Marks